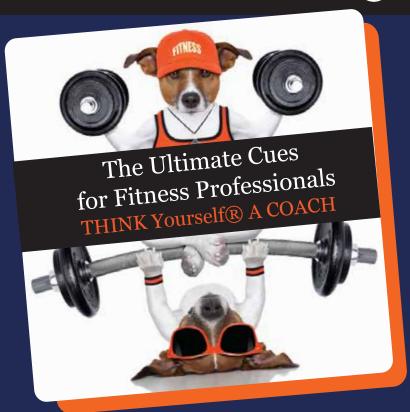
WANNA REALLY GET Results FOR YOUR CLIENTS?



In this session,
you will discover how to start

working "in"

instead of just

working "out"

- Learn the **neuroscience** behind motivation.
- How to reprogram your client's inner self-talk.
- Why you should STOP saying things like:

No Pain, No Gain!

- What to say and what not to say
- Responses to Limiting Beliefs and Negative Self-Talk
- General Motivational Cues
- Specific Motivational Cues
- Technical Cues
- Ericksonian Cues



+ Bonus.

The Proven Two-Step Technique to Tranform a Limiting Belief



Download The Ultimate Cueing Guide for Fitness Professionals here: www.thinkyourself.com/cueingguide